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**TRAVEL**



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**SECURITY**

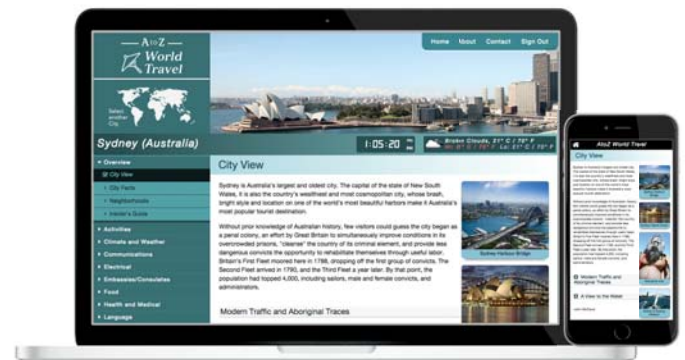
## EXPERIENCE THE WORLD'S WONDERS

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# Sample Pages

**Mexico City (Mexico)** 4:31:12 AM Light Rain, 20° C / 68° F  
 HI: 20° C / 68° F LO: 20° C / 68° F

**National Cuisine**

**Overview**  
 Before the arrival of the Spanish and other European colonists, the staple of the Mexican diet was corn, supplemented with beans, tomatoes, and, to a lesser degree, other native fruits and vegetables such as avocados, papaya, pineapples, squash, sweet potatoes, and peanuts. Fish and turkey were the most commonly consumed meats, and chiles, chocolate and vanilla were essential seasonings. All of these indigenous foods are still regularly used in Mexican cuisine today, supplemented by onions, rice, pork, chicken, and beef introduced long ago by the Spanish. Mexican food is usually heavily seasoned and is often quite rich. Enchiladas, burritos, tacos, chili rellenos, pozole, and refritos are all common, modern Mexican dishes based at least in part on Old World ingredients.

**Classic Mexican Dishes**

**Appetizers**

**Quesadillas** - There are many types of quesadillas, but the simplest type is cheese sandwiched between two tortillas, fried or baked until the cheese melts. [View article in Spanish section.](#)

**Pico de Gallo Salsa** - An uncooked, spicy sauce made with tomatoes, fresh chiles, and onions, *pico de gallo* is the basic Mexican salsa served with chips as an appetizer and as an accompaniment to grilled meats and other dishes. [View article in Spanish section.](#)

**Guacamole** - A seasoned avocado dip or *paté* usually served with fried corn tortilla chips. Small portions of guacamole can also be served as a side dish. [View article in Spanish section.](#)

**Soups**

**Pozole** - A pork and hominy soup seasoned with onion, garlic, and chiles. [View article in Spanish section.](#)

**Sopa de Tortilla** - A simple dish of fried corn tortilla strips and seasoned broth. [View article in Spanish section.](#)

**Sopa de Chayote** - A mild, puréed soup seasoned primarily with onion and sometimes enriched with cream.

**Salads**

**Ceviche** - Ceviche, the time-cooked fresh seafood salad common throughout Latin

**Shenzhen (China)** 5:33:46 AM Broken Clouds, 27° C / 81° F  
 HI: 28° C / 84° F LO: 22° C / 73° F

**Video Dictionary**

**INTERFACE LANGUAGE**  
 English (American)

**LANGUAGE OF STUDY**  
 Chinese (Mandarin)

**GLOSSARIES**  
 Greetings

**TERMS**

你好  
 Hello

您好?  
 How are you?

早上好  
 Good morning

下午好  
 Good afternoon

晚上好  
 Good evening

**Chinese (Mandarin) - Greetings**

你好 (Hello)

**Córdoba (Argentina)** 6:26:09 PM Clear Sky, 18° C / 67° F  
 HI: 18° C / 67° F LO: 18° C / 67° F

**Climate Statistics**

**Mean High & Low Temperatures (°F)**

| Month     | Jan  | Feb  | Mar  | Apr  | May  | Jun  | Jul  | Aug  | Sep  | Oct  | Nov  | Dec  |
|-----------|------|------|------|------|------|------|------|------|------|------|------|------|
| High Temp | 88   | 85.2 | 81.7 | 78.4 | 71.8 | 62.5 | 62.5 | 68.4 | 72.9 | 79   | 82.1 | 85.2 |
| Low Temp  | 54.8 | 53.3 | 50.1 | 54.1 | 48.7 | 42.3 | 41.8 | 44.1 | 48.4 | 54.7 | 58.4 | 61.1 |

**Mean Temperature (°F)**

| Month     | Jan  | Feb  | Mar  | Apr  | May  | Jun  | Jul  | Aug  | Sep  | Oct | Nov  | Dec  |
|-----------|------|------|------|------|------|------|------|------|------|-----|------|------|
| Mean Temp | 75.4 | 73.8 | 65.8 | 64.2 | 58.8 | 52.3 | 52.3 | 55.8 | 60.1 | 66  | 70.3 | 73.8 |

**Rome (Italy)** 1:35:02 PM Light Rain, 14° C / 58° F  
 HI: 14° C / 58° F LO: 14° C / 58° F

**City View**

Known globally as the Eternal City, Italy's capital once served as the political and cultural center of Western civilization. While that unparalleled influence and power might have faded in modern times, today Rome offers a rich mélange of history and modernity—the baroque piazzas and estates of once-wealthy patricians are now filled with shops, cafes, restaurants, and tourists, while the city's ancient architecture serves as a constant reminder of its storied past.

**The Ancient in the Everyday**

Visitors learn quickly that Rome's formidable legacy is knit into the fabric and culture of everyday life for its three million inhabitants. The **Colosseum** and **Vatican City** continue to entice curious travelers, but it's Rome's impressive expanse of aqueducts, fountains, palaces, monuments, museums, and breathtaking historical cityscapes that convince sightseers to stay and witness all that the city has to offer.

Rome's history is so vast that one hardly knows where to begin. From the **Appian Way** to the walls of the **Old City**, Rome's newest roads seamlessly blend into medieval cobblestone streets, reminding tourists heading toward the array of museums and government offices that ancient Rome's influence is never too far out of reach.

As the saying goes, Rome wasn't built in a day. While archaeological evidence places a human presence in Rome more than 10,000 years ago, Roman mythology credits Romulus with the founding of Rome on April 21, 753 BCE. Raised with his twin brother, Remus, Romulus was said to have killed his brother and built a home on Palatine Hill, one of the Seven Hills that comprised ancient Rome. Etruscans were the first people to inhabit the land near the Tiber River. Latin tribes came, conquered the Etruscans, and built their own fortresses and temples, which eventually grew into present-day Rome.

**From the Renaissance to Modern Sprawl**

Over the centuries, Rome has housed global pioneers in the fields of law, language, art, and architecture. The Italian Renaissance of the 15th century drastically altered the city's landscape and influence, spawning famous works by Michelangelo and Raphael. And the city's architectural accomplishments, statues, obelisks, bridges, and catacombs continue to entice culturally hungry patrons. Any trip to Rome has to include stops at the **Sistine Chapel**, **St. Peter's Basilica**, the **Arch of Constantine** and its neighbor, the **Colosseum**.

Today, the port city is divided into three parts: Vatican City, the heart of Catholicism and its own independent state; the **Centro Storico**, or Old City, within the Aurelian Wall; and the sprawling urban communities outside the wall. Economically, today's Roman population thrives on tourism, high-tech services, and the film and fashion industries, while the city's top manufacturers produce coveted leather goods, textiles, paper, pharmaceuticals, and machinery.

All roads in Rome lead to art and architecture, though the draw of the city's cultural allure has led to overcrowding and a high cost of living. Still, it's hard to put a price on history and influence, and Rome has enough of both to break the bank.

- Bob Fagan



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World Time Zones

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